

Sereneco Wellness Center

Frisco Location: 4645 Avon Ln. Ste 190B, Frisco, TX 75033 (972) 259-0109
Bonham Location: 506 N. Main Street, Bonham, TX 75418 (903) 205-1799
serenecowellnesscenter.com

Sereneco Wellness Center's focus is helping you overcome your challenges, provide support that will assist you in managing your stress and anxiety. We tailor our techniques to your specific needs by building on your strengths and helping you achieve the personal growth you desire. We have several clinicians available to help you through difficult times. We offer proven programs designed to help adults and youths learn necessary skills such as how to make better decisions, set and achieve goals, stay motivated to make positive changes in their lives, and handle emotions appropriately.

Counseling Services

- Mental Health*
- Substance Abuse*
- Family
- Parenting
- Play therapy

Outpatient Programs

- substance use & mental health
adult & adolescence
- Intensive Outpatient Program*
 - Supportive Outpatient Program*
 - Optional 8 week aftercare

Offender Courses

- DOEP*
- DWI- Education*
- DWI- Intervention*
- Minors in Possession *

Evaluations

- Substance Abuse*
- Complete Mental Health*
- Juvenile assessments

Classes

- Drug & Alcohol Education*
- Alcohol Awareness*
- Marijuana Intervention*
- Parenting Education*
- Life skills*
- Cognitive thinking*

MRT Based Programs

- adult & juvenile
- MRT Program*
 - Moral Reasoning & Thinking Program
 - Anger Management*
 - Theft Diversion Program*
 - Opioid Abuse Class*
 - Parenting & Family Values MRT
 - Career Skills
 - Underage Drinking Program

*- denotes services offered virtually and/or in person